



CLIENT INSTRUCTIONS

PLEASE READ LISTS THOROUGHLY FOR PRE AND AFTER CARE.

PRE-CARE INSTRUCTIONS

- **DO NOT** wax, thread, or tint your eyebrows prior the appointment. Let your brows grow as much as possible
- **DO NOT** consume coffee, teas, or sodas that contain caffeine within 48 hours of your appointment.
- **DO NOT** consume alcohol within 48 hours of your appointment.
- **DO NOT** take ibuprofen or other blood thinners within 72 hours of your appointment.
- **NO** antibiotics within 2 weeks of your appointment.
- **NO** Botox within 4 weeks of the appointment.
- **NO** chemical peels, laser treatments, glycolic peel within 4 weeks of your appointment.
- **Discontinue** use of Retin-A, Glycolic Acid, or Alpha Hydroxyl products at least 4 weeks prior your appointment.
- Avoid tanning your face two weeks prior your appointment.

This is to prevent excessive bleeding during the procedure. Typically, there is very minimal to no bleeding, which indicates all instructions were followed. Excessive bleeding can interfere with pigment implantation and may result in poor retention.

MEDICAL RESTRICTIONS/ DISQUALIFICATIONS

- Under 18 years of age
- Pregnant or Nursing
- Diabetic or Epileptic
- Keloids, Eczema, or Psoriasis near the brows
- Heart Conditions or Hemophiliac
- Undergoing Chemotherapy or Radiotherapy
- Any treatment, medication, or illness that compromises the immune system
- Taking Ibuprofen or other blood thinners (must wait at least 3 days before service)
- Taking Antibiotics (must wait at least 2 weeks of last dosage before service)
- Brow Tint (must wait until tint is fully gone)
- Sunburned (must wait until skin fully heals)
- Brow Waxing (must wait 2 weeks before service)
- Face Tanning (must wait at least 2 weeks before service)
- Taking Fish Oil/ Omega-3 Supplements/ Vitamin E (must wait 2 weeks before service)
- Blepharoplasty- eyelid surgery (must wait until all wounds are closed and is okayed by doctor)
- On Accutane (must wait 12 months before service)
- Brow Lift, Botox in forehead/brow area (must wait at least 4 weeks before service)
- Chemical Peels, Heat or Laser Treatment, Glycolic Peel (must wait at least 4 weeks before service)
- Using Retin-A, Glycolic Acid, or Alpha Hydroxyl Products (must wait at least 4 weeks before service)

Please consult with your physician before stopping any medications. For medical conditions, you must provide a letter from your Doctor indicating you are able to proceed with this service. Failure to follow care instructions may result in the cancellation of your appointment or will require multiple touch-ups to achieve the results wanted.